

# Tennis Elbow Treatment and Care

General information offered to my valued patients-- Dr. Matt Butler DC



Is your elbow inflamed, sore and painful? Does your wrist hurt when you lift it?

You could be suffering from tennis elbow. Although tennis and other racquet wielding sports could result in this condition, they are not the only cause.

Tennis elbow is characterized by pain in the outer part of your elbow, upper part of the forearm and wrist while lifting an object or extending your hand. It also means that you're in need of immediate attention.

**Dr. Matt Butler's** effective **tennis elbow** relief can put an end to your agony. Experience and result-oriented chiropractic treatments have helped many patients get back to sports and other activities.

Lack of exercise or over exertion could result in tennis elbow. Moreover, misalignment of your shoulders, neck and back add to the discomfort.

**Dr. Matt Butler** is adept at realigning spinal vertebrae and can also show you ways to keep your body moving. As a well-recognized chiropractor I will spend time going over your case before determining the appropriate tennis elbow treatment.

[Read my blog](#) on Pain Relief and Chiropractic Wellness our website [www.ButlerChiropractic.ca](http://www.ButlerChiropractic.ca)

**Exercise** and **sports-related injuries** including tennis elbow are **Dr. Butler's** specialty. One satisfied patient says, "I had an injury to my shoulder from working out, and I also had stress and discomfort in my neck. Dr. Butler has educated me on how my body moves and functions. His chiropractic care has helped me to manage stress, especially in relation to how it affects my physical body. I have and will continue to recommend him to others." RA

Eliminate the soreness and discomfort of athletic injuries. We help all our patients get out of pain and live life to the fullest.



**YOU CAN SAVE LIVES!**

Register your consent as an organ & tissue donor

ONLINE at [beadonor.ca](http://beadonor.ca)

& then discuss your wishes with your family

[www.SportFestWindsor.org](http://www.SportFestWindsor.org)

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